

The Bay Ridge Aquatics Institute

Adult Learn to Swim

At Fort Hamilton High School

Is this the summer you:

Get over your fear of the water?

Adopt a no-impact total *fitness* regimen?

Learn *proper breathing* technique?

Learn to swim or *improve* your strokes?

Get in the swim and join the area's fastest growing sport! You are cordially invited to participate in eleven 90-minute sessions, every **Monday and Wednesday** from 6:15 to 7:45 PM beginning July 6th through August 10th.

Don't just watch others having fun, be a part of it and join us!

REGISTRATION takes place at the Fort Hamilton High School Natatorium located on 83rd street between Shore Road and Colonial Road.

Registration begins mid-March and will continue as listed below until all classes are filled. **Tuesdays from 6 – 7:30 PM; Thursdays 5:30 – 6:30 PM; Saturdays from 3 – 5:30 PM**

COST: \$440 (Full payment required to guarantee registration.)

No refunds after June 1st, 2022. All refunds are subject to a \$25 processing fee.

Please note: The FHHS pool is a competition pool, not a bathing pool – water temperature is cool.

BRAINS does not offer refunds for variations in temperature or condition of the water or facility. Maintenance of the FHHS pool facility is performed by the school's custodial staff and is not, in any way, under the control of the Bay Ridge Aquatics Institute, Inc.

Special COVID Rules: While the current COVID rules for DOE facilities remain in effect, **ONLY registered, *vaccinated participants** showing the required health screening to the School Safety Agent on duty will be allowed to enter the building. **NO spectators will be allowed to enter.**

Checks payable to BRAINS.

All returned checks are subject to a \$35 fee.

This activity is not sponsored nor endorsed by the New York City Department of Education. The views and opinions expressed by the sponsoring organization or its participants do not necessarily state or reflect those of the New York City Department of Education.

Bay Ridge Aquatics Institute, Inc. www.brainstoswim.org (347) 267-9469

***Proof of COVID Vaccination Required**