

*It's more than just a job...  
It's an experience that can help  
Save a life.*



*Together, we can save a life*

# **American Red Cross WSI** **Water Safety Instructor Course**

An American Red Cross Water Safety Instructor (WSI) course will be offered at Fort Hamilton HS to certify job-seeking candidates who wish to teach swimming classes in private and public swimming facilities. To be admitted in the WSI course, the following pre-requisites must be met:

**Pre-requisites:**

- Must be age of 16 before the final scheduled session.
- **Must pass a swimming skills test by performing the following swimming strokes:**  
25 yards front crawl, 25 yards back crawl, 25 yards breaststroke, 25 yard elementary backstroke, 25 yards sidestroke, 15 yards butterfly, tread water for 1 minute, maintain position on back 1 minute in deep water
- **Must pass a written Water Safety test**

**Course Schedule:**

- **Saturdays 10 to 6PM**
- - February 4<sup>th</sup> 11<sup>th</sup>, 18<sup>th</sup>
  - March 4<sup>th</sup> 11<sup>th</sup>
- **First Meeting and Tryouts: February 4th**
- **The prerequisite skills evaluation will occur on the first day of the course. Please bring a swimsuit, swim cap, goggles and towel for the skills evaluation and for every class.**

**Cost: \$385.00**  
**Please make checks out to BRAINS.**

**The Bay Ridge Aquatics  
Institute, Inc. (BRAINS)**  
is a Proud Provider of the American Red  
Cross Swimming and Water Safety Program.

**Cancellations:**  
*No refunds.* Applicant is responsible for the total fee since acceptance to the program is offered to a limited number of candidates. Since all teaching materials, permit and security fees must be paid for whether classes are attended or not, **BRAINS cannot offer make-up classes, credits or refunds for any classes you may miss.**

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*For further information: call Bay Ridge Aquatics Institute, Inc.  
Telephone: (347) 26 SWIM9 Website: [www.brainstoswim.org](http://www.brainstoswim.org)*